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Education  
Phase 1  
Keeping food safe





## Safe food

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Our food needs to be cared for properly so it is safe for us to eat.



It needs to be cared for while it is growing right until when we eat it.



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## Caring for plants

Most farmers spray their crops to stop insects eating them and help the crops grow healthily.



There are special rules about the types of sprays farmer can use, how much they can use and when.

**This is to make sure the food is safe for us to eat.**





## Caring for animals

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Farmers take special care of their animals to make sure their meat, milk or eggs are safe for people to eat.



The farmer makes sure the animals:

- have the food they need;
- have clean drinking water;
- are comfortable.

**This is to make sure the meat is safe for us to eat.**



## Caring for animals

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What are these animals doing?



They are drinking fresh water that the farmer has given them.



## Caring for animals

Why are these dairy cows leaning through a fence to get their food?

The fence stops the cows walking over the food so it is kept clean.





# Milk

Let's take a closer look at how milk is cared for so it is safe for us to drink.





## Caring for food - Milk

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The place where cows are milked is called the milking parlour.

The parlour is cleaned each time after the cows have been milked.





## Caring for food - Milk

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Before the cows are milked, their udders are cleaned. This stops dirt getting into the milk.



## Caring for food - Milk

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The milk from the cows is kept in a cool, covered place until it is collected.





## Caring for food - Milk

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The milk is pumped into a milk tanker which keeps the milk cool while it is taken to the dairy.





## Caring for food - Milk

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The milk is heat treated at the dairy. This means it is heated to kill any harmful bacteria.





## Caring for food - Milk

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In shops and supermarkets, milk is stored in the refrigerator to keep it cool so it stays fresh.





## Caring for food - Milk

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We keep milk in a refrigerator at home to keep it safe to drink.





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